

## Support Group Directory

**KEY:**

**AC**-Adult Children **B**-Bereavement **BS**-Bereavement Spanish **C**-Contact Person **CG**-Caregivers (General) **DS**-Caregivers of Down Syndrome PWDs **EC**-Early Stage Caregivers **EP**-Early Stage Persons **EO**-Early On-Set Persons **F**-Facilitator **FB**-Faith Based **FT**-Frontal Temporal Caregivers **H**-Huntington's Disease **LGBTQ**-Lesbian, Gay, Bisexual, Transgender, Questioning **M**-Male Caregivers **P**-Parkinson's Caregivers **PWD**-Persons with Dementia **S**-Spouse **VD**-Stroke Survivors **YA**-Young Adults of PWD **YO**-Young On-Set (EO) Caregivers **\$**-Inquire about Fee/Donation **\***-Trained by Alzheimer's Greater Los Angeles

Please contact Facilitator/Contact for group location, day, and time.

City	Group Location/Name	Facilitator / Contact	Contact Info	Group Type
<b>Telephone Support Groups</b>				
All service areas	Telephone Caregiver Support Group	Alicia Villegas	323-930-6247	CG, Spanish, *
All service areas	Telephone Caregiver Support Group	Paoling (Ruth) King	323-274-4431	CG, Mandarin, *
All service areas	Young (Early) Onset Telephone Caregiver Support Group	F: Lauren Spiglanin C: Amy Landers	310-383-1877	EO, *
All service areas	Young Onset Persons w/Dementia Telephone Support Group	Amy Landers	323-930-6289	YO, *

<b>Antelope Valley</b>				
Acton	Acton/Agua Dulce Library	Melanie Knox	661-860-1372	CG, *
Lancaster	Lancaster Adult Day Care	Sheila Wright	661-948-1228	CG

<b>Santa Clarita</b>				
Newhall	Santa Clarita Senior Center	F: Judith Harris C: SuzAnn Nelson	661-259-9444	CG, *
Newhall	Oakmont of Santa Clarita	F & C: Mary Dembkowski F: Deborah Dicorradro	661-993-3240 661-993-2004	CG, *

<b>San Fernando Valley</b>				
Agoura Hills	Meadowbrook Senior Living	Tami Podell	818-357-1123	CG, *
Agoura Hills	Agoura Hills Rec Center	Tami Podell	818-597-7361	CG, *
Burbank	Belmont Village of Burbank	Jose Acumabig	310-210-3801	CG, *
Burbank	Belmont Village of Burbank	Evelyn Enriquez	818-972-2405	CG
Burbank	Leeza's Care Connection	C: Wendy Saltzburg	818-847-3686	CG, AC, EP, *
Calabasas	Silverado Senior Living Calabasas	Isabella Sapszyan	818-222-1000	CG, *
Calabasas	Silverado Calabasas Memory Care Center	Jennifer Watson	818-317-3421	CG, *
Canoga Park	Alzheimer's Greater Los Angeles Memory/Grad Club	Alle Rhames	818-830-4739	EP, EC, *
Canoga Park	Alzheimer's Greater Los Angeles	Francisca Reynoso	818-398-1475	CG, Spanish, *
Canoga Park	Alzheimer's Greater Los Angeles	Sharon Trocki-Miller	818-842-9602	DS, *
Encino	Hope Connection	Jo Christner	818-788-4673	B
Glendale	Glen Park Healthy Living	F: Annie Cardillo F: Paula O'Sullivan	818-242-9000 818-296-4097	CG, *
Granada Hills	Aegis Living of Granada Hills	Jeri Lynn Posner	818-776-1183	CG
North Hills	Sepulveda VA Medical Center	Elissa Brown	818-891-7711 x7320	CG
North Hollywood	Private Home	Nadia Cantuña	818-720-4482	CG, B, Spanish, *
Northridge	Brookdale of Northridge	Carol Sue Selinger	818-499-1194	CG, *
Northridge	Pacifica Senior Living	Jennifer Watson	818-317-3421	CG, S, *
Pacoima	Little Tokyo Service Center - Japanese-American Community Center	F: Isabelle Miyata C: Lois Okui	818-899-1989	CG, English, *
Reseda	Jewish Home for the Aging - Eisenberg Village	Jennifer Watson	818-317-3421	EP, *

San Fernando Valley (continued)				
Reseda	Jewish Home for the Aging - Fountainview	F: Carol Sue Selinger F: Jennifer Watson C: Susan Leitch	818-499-1194 Pager	CG, AC, *
Sylmar	LA Caregiver Resource Center (LACRC) - Lake View Terrace Library	Lucila Torres	855-872-6060	CG
Tarzana	Private Home	Nancy Kunin	818-881-4548	AC
Van Nuys	ONEgeneration Adult Day Care	Denise Kee-White	818-708-6376	CG, *
West Hills	Calvary Church	Frances Malcom	818-883-1532	CG
West Hills	Sunrise Senior Living	Stephanie Bien	818-701-9550	CG
Woodland Hills	The Commons at Woodland Hills	Jennifer Watson	818-317-3421	CG, *

San Gabriel Valley				
Azusa	Silverado Senior Living Sierra Vista	Michelle Broehm	626-812-9777	CG
Glendora	La Fetra Senior Center	Patti Schaub	626-963-6000	CG, *
Glendora	La Fetra Senior Center - After Stroke	Sonia Schupbach	626-914-8235	CG
Pasadena	Alzheimer's Greater Los Angeles Memory Club at Huntington Hospital	Kristen Tachiki	626-397-3110 x4428	EP, EC, Early Stage, *
Pasadena	Alzheimer's Café / Pasadena Senior Center	F: Laura Koperski F: Renee Concialdi F: Amber Bolanos	626-584-8130	CG
Pasadena	CAPS Adult Day Care Center	Mimi Brown	626-351-5427	CG, *
Pasadena	Pasadena Highlands	Carol Sue Selinger	818-499-1194	CG, *
Pasadena	Terrace at Park Marino	Carol Sue Selinger	818-499-1194	CG, *
San Gabriel	Mission Lodge	Lawrence Schulte	626-795-8681	AC, S, *
San Gabriel	Vista Cove	Brenda Nicolas	626-289-8889	CG, *
Sierra Madre	The Kensington	Carol Sue Selinger	818-499-1194	CG, *
West Covina	West Covina Senior Center	Patti Schaub	626-963-6000	CG, *

Metro Los Angeles				
Beverly Hills	Sunrise Senior Living Beverly Hills	Gayla Scoll	310-387-0269	CG, *
Hollywood	Triangle Square	Blossom Vernon	323-957-3900 x116	CG
Los Angeles	Alzheimer's Greater Los Angeles	Dave Sitzer	213-293-9408	CG, M, *
Los Angeles	Alzheimer's Greater Los Angeles	Zina Paris	323-930-6212	AC, *
Los Angeles	Alzheimer's Greater Los Angeles Memory/Grad Club/Alumni Club	Amy Landers	323-930-6289	EC, EP, EO, *
Los Angeles	APHCV - Los Feliz Health Care Center	Perla Santos	323-644-3880 x341	CG, Tagalog
Los Angeles	Nessah Synagogue	Nancy (Nahid) Rafii	310-874-5110	CG, Farsi, *
Los Angeles	Little Tokyo Service Center - St. Francis Xavier Chapel	Kiyoko Kaneda	213-473-3035	CG, Japanese & English, *

West Los Angeles				
Culver City	Culver City Senior Center	Marie Vernon	844-657-4748	CG, *
Los Angeles	Kaiser Permanente - Culver Marina Medical Office	Ed Holly	310-915-4567	AC, *
Los Angeles	Kaiser Permanente - West LA Medical Center	JB Saunders	323-857-3784	CG, *
Los Angeles	OPICA Adult Day Health Center	Anne Galbraith	310-478-0226	CG, S, \$, *
Los Angeles	Private Home	Gayla Scoll	310-387-0269	B, \$, *
Los Angeles	Silverado Senior Living Beverly Place	Yael Wyte	323-852-9200 or 232-236-0335	CG, *
Los Angeles	West LA VA Medical Center - group for Veterans or Caregivers of Veterans	Stephanie Young	310-478-3711 x41652	CG

### West Los Angeles (continued)

<b>Pacific Palisades</b>	Atria Senior Living	Judith Delaney	310-713-7478	CG, *
<b>Santa Monica</b>	WISE & Healthy Aging	F: Ann Cochran F: Lori Dinwiddie C: Heidi Yates	310-394-9871	CG, *
<b>West Los Angeles</b>	Hope Connection	Jo Christner	818-788-4673	B
<b>Westwood</b>	Belmont Village of Westwood	Gayla Scoll	310-387-0269	CG, *
<b>Westwood</b>	UCLA - Mary S. Easton Center for Alzheimer's Disease Research	F: Barbara Hament F: Ann Chambers-Brunner F: Monica Moore C: Barbara Dwyer	310-794-6039	CG, *

**South Los Angeles**

<b>Los Angeles</b>	National Council of Negro Women Building	F & C: Jeanie Harris F: Sharon Melancon	323-296-2975	CG, FB
<b>Los Angeles</b>	St. Paul's Presbyterian Church	F: Lois Hines F: Andrea Michelle Bracken	323-295-2062	CG, FB, *

**East Los Angeles**

<b>Huntington Park</b>	Alzheimer's Greater Los Angeles - Huntington Park Public Library	F: Angie Moran	323-859-8810	CG, Spanish, *
<b>Los Angeles</b>	Alzheimer's Greater Los Angeles	F: Alicia Villegas C: Leticia Meza	323-881-0586	CG, Spanish, *
<b>Montebello</b>	Beverly Hospital Women's Care Center	F: Sandy Acosta C: Alice Baldwin	323-889-2497 323-725-5032	CG, *
<b>Whittier</b>	Whittier Place Senior Living	Tina Hernandez	714-856-3909	CG

**South Bay**

<b>Harbor City</b>	Kaiser South Bay Medical Center	Mahogany Joseph	310-832-6031	CG, *
<b>Inglewood</b>	Inglewood Senior Center	Linda Peterson	310-412-4368	CG, *
<b>Lawndale</b>	Lawdale Library	Justina Lewis	310-220-7545	CG, AC, *
<b>Long Beach</b>	Brittany House	Anita Cirifalco	562-421-4717	CG
<b>Long Beach</b>	Faith Presbyterian Church	Terri Furlow	562-427-8048	CG, *
<b>Long Beach</b>	Long Beach Memorial Medical Center	Norma Frias	562-933-1650	CG, *
<b>Los Alamitos</b>	St. Hedwig's Church	Paty Piar	562-795-5762	CG & FB
<b>Manhattan Beach</b>	American Martyrs Church & Homewatch Caregivers	Dick Williams	310-292-0996	CG, *
<b>Palos Verdes Peninsula</b>	Palos Verdes Peninsula Center Library	Krista Emery	310-376-3205	CG, *
<b>Redondo Beach</b>	Beach Cities Health District	F: Shiori Lange C: Officer of the day	310-374-3426 x256	CG
<b>Redondo Beach</b>	Beach Cities Health District - Memory Club	F & C: David Hart F: Tara Guden	310-374-3426	CG, EP, EC, *
<b>San Pedro</b>	Harbor Terraces Assisted Living	Lauren Spiglanin	310-383-1877	CG, *
<b>San Pedro</b>	The Salvation Army Sage House Adult Day Care Center	Mahogany Joseph	310-832-6031	CG, *
<b>San Pedro</b>	St. Peter's Episcopal Church	Lauren Spiglanin	310-383-1877	CG, *
<b>Torrance</b>	Always Best Care	David Hart	310-792-8666	CG, *
<b>Torrance</b>	Little Tokyo Service Center - Victory Fellowship	Akiko Takeda	213-473-3035	CG, Japanese, English, *
<b>Torrance</b>	Sunrise of Palos Verdes	Lauren Spiglanin	310-383-1877	CG, *
<b>Torrance</b>	Wellbrook Senior Living	Lauren Spiglanin	310-383-1877	CG, *

Inland Empire				
<b>Apple Valley</b>	Valley Crest Memory Care	Renee Savage	760-242-3188	CG
<b>Big Bear Lake</b>	Senior Citizen Center of Big Bear Valley	Mary Andresen	909-585-7958	CG, *
<b>Chino</b>	Pacifica Senior Living Hillsborough	F: Angelika Pittet C: Lena Gutierrez	909-548-2100	CG, *
<b>Chino Hills</b>	Pacifica Senior Living Chino Hills	Lloyd Mustin	909-270-0866	CG, *
<b>Chino Hills</b>	Chino Valley Community Church	F & C: Lloyd Mustin F: Lisa Laufer	909-270-0866	CG, *
<b>Chino Hills</b>	Oakmont Senior Living	Lloyd Mustin	909-270-0866	CG, *
<b>Claremont</b>	Claremont Joslyn Senior Center	Angelika Pittet	909-399-5488	CG, *
<b>Claremont</b>	Claremont Place	F: Angelika Pittet C: Judith Jones or Tricia Elliker	909-447-5259	CG, *
<b>Claremont</b>	Claremont Club	Laura Van Dran	909-921-1033	CG, *
<b>Claremont</b>	Pilgrim Place Health Services	Laura Van Dran	909-921-1033	CG, *
<b>Claremont</b>	Sunrise of Claremont	Lloyd Mustin	909-270-0866	CG, *
<b>Colton</b>	Inland Caregivers Resource Center	F: Tanya Brown C: Maria Barnes	800-675-6694	CG
<b>Corona</b>	Brookdale Corona	Joy Rivera	951-898-6991	CG
<b>Corona (Eastvale)</b>	New Day Christian Church	Sarah Sims	714-488-6402	CG
<b>Fontana</b>	Kasier Permanente	F: Aida Blanco C: Maria Barnes	800-675-6694	CG, Spanish
<b>La Verne</b>	La Verne Community Center	Joan Reyes	909-596-8776	CG
<b>Loma Linda</b>	Adult Day Services of Loma Linda	F: Myriam Aragon C: Maria Barnes	800-675-6694	CG, Spanish
<b>Loma Linda</b>	Linda Valley Senior Living	Kay Perryman	909-799-3117	CG
<b>Mentone</b>	Rose Garden	Alexis Perez	909-794-1040	CG, *
<b>Ontario/Rancho Cucamonga</b>	Memory Club Alzheimer's Greater Los Angeles	Sergio Calderon	909-944-9146	EC, EP, Spanish, *
<b>Rancho Belago (Moreno Valley)</b>	Renaissance Village Senior Living	Mechelle Alona	951-379-0100	CG, *
<b>Rancho Cucamonga</b>	Alzheimer's Greater Los Angeles & Home Instead Senior Care	F & C: Brandi Johnson F: Sergio Calderon	909-476-9030 909-944-9680	CG, *
<b>Rancho Cucamonga</b>	Sunlit Gardens	Kelli Garfield	909-215-2142	CG
<b>Redlands</b>	Blossom Grove	Elizabeth Whittington	951-249-5278	CG, EO, PWD
<b>Redlands</b>	Blossom Grove at Stell Coffee & Tea	Marissa Drinkhouse	909-335-6660	CG, *
<b>Redlands</b>	Plymouth Village Retirement Community	Connie Garrett	909-793-1233 x1620	CG, *
<b>Redlands</b>	Somerford Place Assisted Living	Jennifer Castaneda	909-793-9500	CG, *
<b>Riverside</b>	Care Connexus Adult Day Services	James Slater	951-509-2500	CG
<b>Riverside</b>	Community Care on Palm	Sylvia Morales	951-686-9001 x27	CG
<b>Riverside</b>	Parkview Hospital - Founder's Center - Zweig 1	F: Daniel Medina F & C: Maria Barnes	951-505-1280 800-675-6694	H, CG, Spanish
<b>Riverside</b>	Pacifica Senior Living	F: Jill Johnson-Young C: Patty Roach	951-360-1616	CG
<b>Riverside</b>	Raincross at Riverside	Ruthie Daniel	951-785-1200	CG
<b>Riverside</b>	Raincross at Riverside	F: Tanya Brown C: Maria Barnes	800-675-6694	CG
<b>Riverside</b>	Sunrise Senior Living - Canyon Crest	F: Paul Velen C: Mary-ellen Taber	951-686-6075	CG, *
<b>Riverside</b>	Wellbrook Senior Living	Tracey Holt	951-686-2241 x218	CG, EC, FT, P
<b>San Bernardino</b>	Community Hospital of San Bernardino (Dignity Health Ed Ctr)	F: Sheila Torres C: Maria Barnes	800-675-6694	CG

Inland Empire (continued)				
<b>Upland</b>	Gibson Senior Center	F: Sue Wolkins C: Maria Barnes	800-675-6694	CG
<b>Upland</b>	Oakmont of San Antonio Heights	Michelle Morales	909-981-4002	CG, EO, AC, S, *
<b>Upland</b>	St. Anthony's Catholic Church	Laura Van Dran	909-921-1033	CG, *
<b>Victorville</b>	Home Instead Senior Care	Brandi Johnson	760-843-5655 or 909-476-9030	CG, *
<b>Victorville</b>	Sterling Commons	Debra Newlin	760-245-3300	CG
<b>Victorville</b>	Sterling Inn	F: Sue Wolkins F: Aida Blanco C: Maria Barnes	800-675-6694	CG, P

SW Riverside County				
<b>Beaumont</b>	Beaumont (Albert Chatigny) Senior Center	Kay Perryman	909-799-3117	CG
<b>Hemet</b>	Desert Hills Memory Care Center	F: Jane Farmer C: Chantelle Hudson	951-652-1837	CG, EP, *
<b>Hemet</b>	Hemet Public Library	F: Sue Wolkins C: Maria Barnes	800-675-6694	CG
<b>Murrieta</b>	Hospice of the Valley	Maria Barnes	800-675-6694	CG, Spanish
<b>Perris</b>	Our Countryside Resort	F: Maria Barnes	800-675-6994	CG, Spanish
<b>Perris</b>	Our Countryside Resort	F: Lynda Comley F: Beth Alevato C: Maria Barnes	800-657-6694	CG
<b>Sun City/ Canyon Lake</b>	Canyon Lake Community Church	F: JoAnn Wickerath C: Church Office	951-244-1877 x200	CG
<b>Sun City/ Menifee</b>	Kay Cenicerros Senior Center	Anthony Spencer	951-509-2500	CG

To find the most up-to-date Alzheimer's Greater Los Angeles Support Group Directory, visit [www.alzgla.org](http://www.alzgla.org).

To find a Support Group in the Coachella Valley, call Alzheimer's Coachella Valley at 844-435-7259.

To find a Support Group in Orange County, call 949-955-9000 or visit: [www.alzoc.org](http://www.alzoc.org).

To find a Support Group in Ventura County, call 805-892-4259 or visit: [www.alz.org/cacentalcoast](http://www.alz.org/cacentalcoast).